

GRASSROOTS: THE COACH-EDUCATOR

FIFA[®]

For the Game. For the World.

“Youth prefer to be stimulated instead of being instructed.”



THE COACH-EDUCATOR

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- People interested in collaborating in the organisation of FIFA grassroots activities
- Coaches, parents, teachers, community leaders, etc.



THE COACH-EDUCATOR'S MISSION

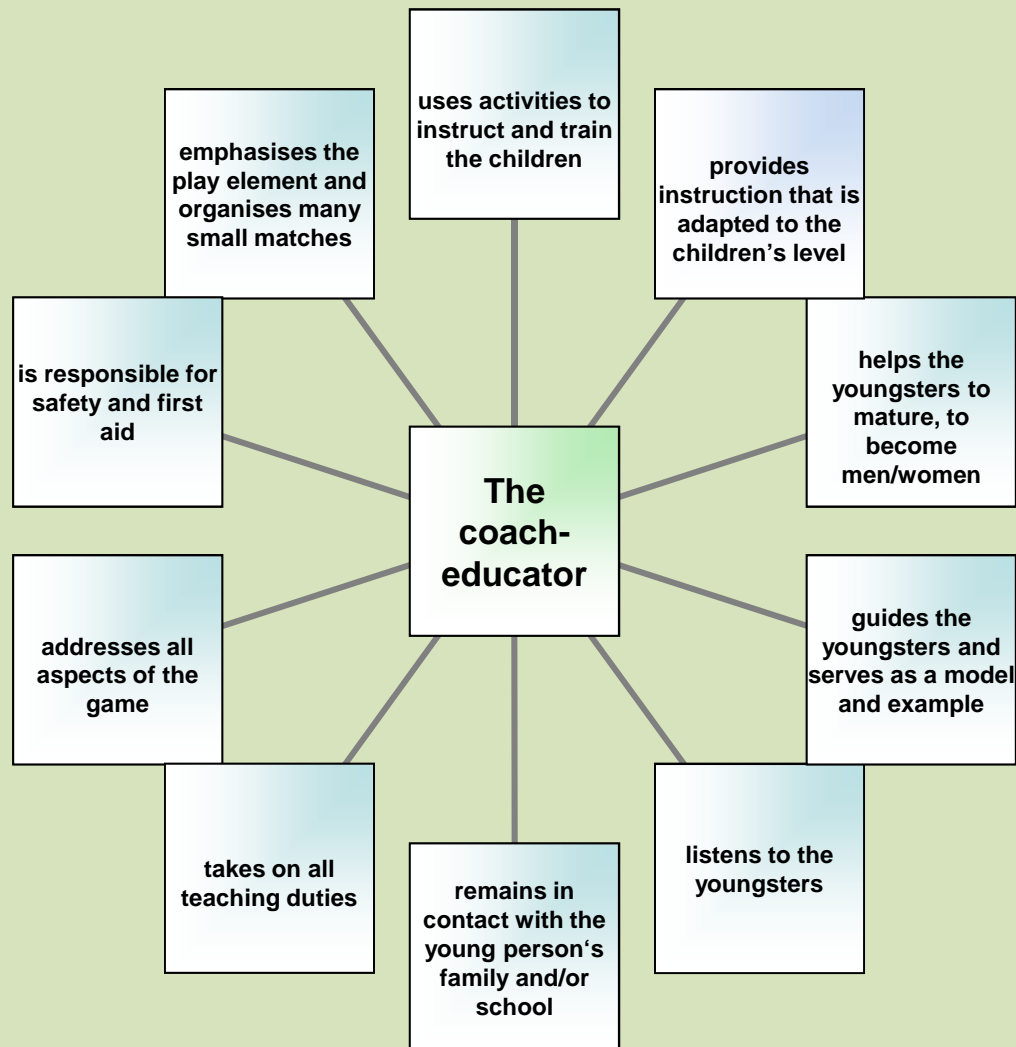
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- Foster the child's development in sporting, social, psychological and educational terms
- Promote learning through play
- Introduce children to football and initiate them in the practice of football through play

Football is a vital aid in educating future citizens and encouraging young people's inclusion in society.

THE COACH-EDUCATOR – MAIN FUNCTIONS



PROFILE OF THE COACH-EDUCATOR

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- Basic knowledge of football
 - small-sided games
 - exercises
 - basic skills
- Teaching and organisational skills
 - teaching methods
 - organisation of sessions, festivals and tournaments
- Knowledge of the children
 - General developmental features of different age groups
 - Relationships, behaviour, communication and language

THE COACH-EDUCATOR

- Children are the most important part of the activities

- Development
 - sporting
 - psychological
 - social
 - educational



- Partnership with parents
- Voluntary work

GOALS OF THE COACH-EDUCATOR

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- Enjoy working with the children
- Get to know the children very well
- Be a point of reference for the children
- Set high standards but be tolerant
- Listen to the children
- Communicate openly
- Instil confidence in the children and reassure them
- Develop team spirit
- Encourage initiative and risk-taking in individuals
- Focus on the “spirit of the game” rather than errors
- Teach by encouragement

BEHAVIOUR TO BE AVOIDED

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- Constantly shouting or behaving aggressively
- Training children or asking them to play as if they were adults
- Forgetting that the main motivation of children is to play football
- Giving explanations that are too long
- Presenting technical objectives that are too advanced for the children's ages
- Organising exercises that become too boring
- Focusing on one exercise for too long
- Continuously interrupting play
- Criticising an individual in front of the group
- Forgetting to balance the teams
- Placing too much emphasis on the results

“Good parents help their children to be good players; excellent parents help their children to be excellent people.”



SAFETY AND ACCIDENT PREVENTION – 10 IMPORTANT TASKS



- 1. Provide a safe environment**
- 2. Use safe, appropriate sports equipment and facilities**
- 3. Plan activities**
- 4. Monitor players who are injured or temporarily incapacitated**
- 5. Play within age categories**
- 6. Inform the children and parents of the inherent risks of the sport**
- 7. Monitor activities closely**
- 8. Have knowledge of first aid**
- 9. Set out clear rules for the activities and how they are to be carried out**
- 10. Gather essential information on the health of the children**

TO SUM UP

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The coach-educator has to focus on coaching children playing football, rather than coaching football players.

