## GRASSROOTS: TEACHING METHODOLOGY



### MAIN TEACHING METHODS

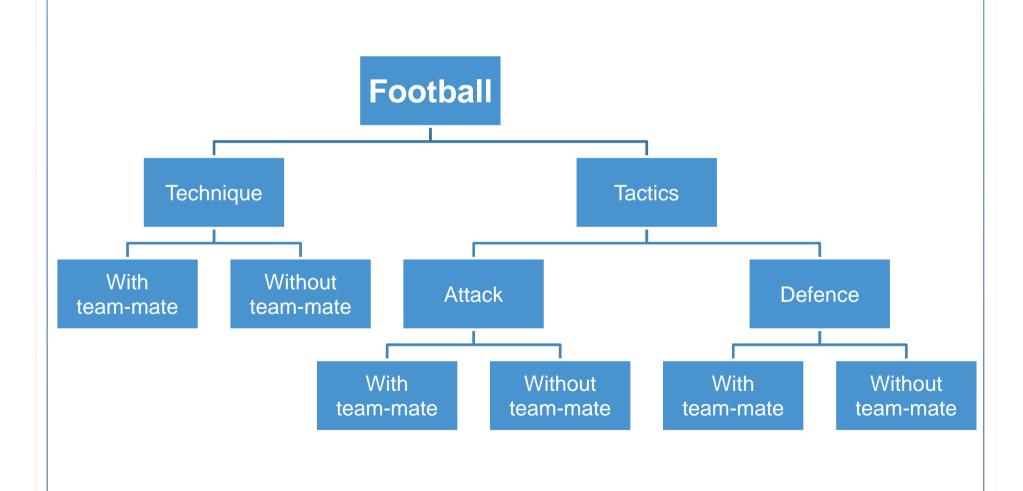


1. Analytic

2. Global

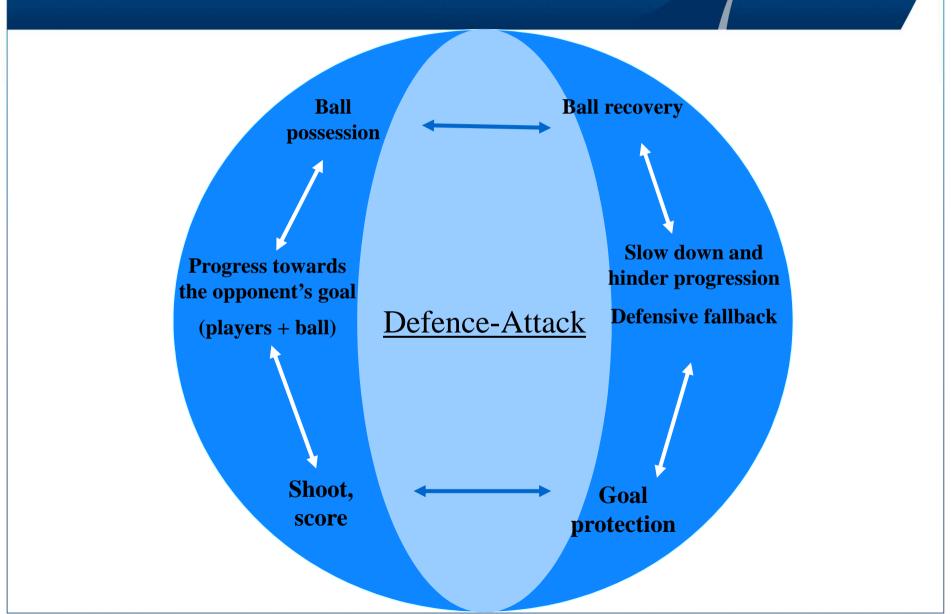
### ANALYTIC METHOD





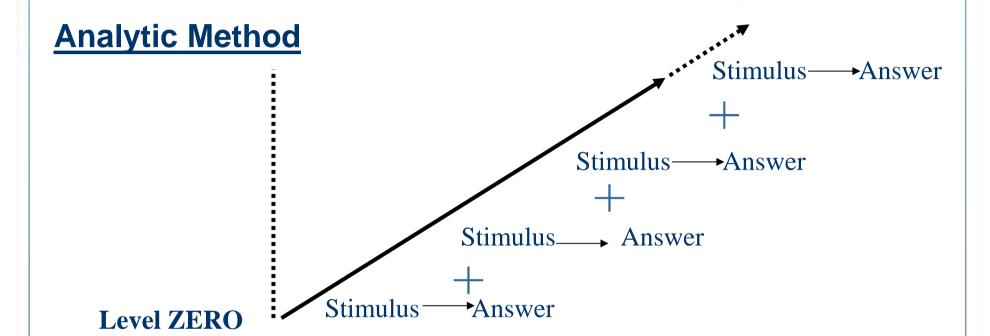
### GLOBAL METHOD





### ACHIEVEMENT OF PROGRESS



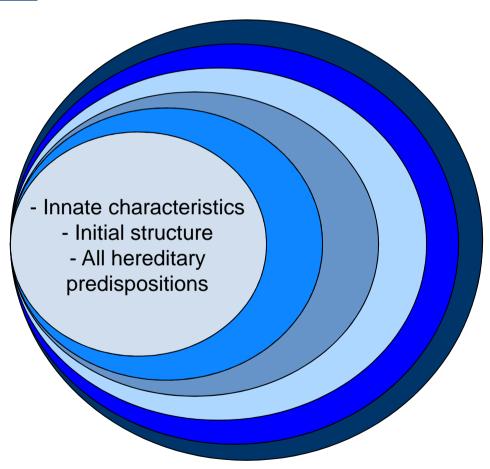


Achievement of progress by the addition of S+A

#### **ACHIEVEMENT OF PROGRESS**



#### **Global Method**



**Talent development** 

# IMPORTANCE OF THE MATCH/GAME



#### **Analytic Method**

- The game is at the top of the teaching pyramid
- It is the final stage in the pedagogical process
- To be able to play a match, the player must learn all the technical and tactical components of football



Pyramid of player development

# IMPORTANCE OF THE MATCH/GAME



#### **Global Method**

- Competition in various forms (SSG, matches, etc.) can be integrated throughout the teaching process. It is the starting point and the final goal.
- The child proceeds from the general to the particular. It is more logical to start from a global competitive method than an analytic one.

# HOW TO COMBINE BOTH METHODS



#### **Analytic method benefits**

- Much repetition
- Much correction
- Detailed demonstration
- Improve accuracy (number of repetitions, intensity...)
- A lot of input from the coach-educator

#### **Analytic method disadvantage**

- Monotony
- No real game situation

# THE GAME IS THE MAIN OBJECTIVE



CAS1 Global – Analytical – Global Match **Directed** Smallplay sided Game games situation **Exercise** 

Change 'Analytical' to 'Analytic' Stephens, Caitlin (FIFA); 08.11.2012 CAS1

# Global – Analytic – Global FIFA® For the Game. For the World. Defensive THE GAME attack