



**SOUTH AFRICAN  
FOOTBALL ASSOCIATION**

**SAFA PRE-MATCH MEDICAL ASSESSMENT TOOL**

**DONE 24 HOURS PRIOR TO COMPETITION**

**PLAYER PERSONAL DETAILS:**

FULL NAMES: \_\_\_\_\_

SURNAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ (DAY / MONTH / YEAR)

**CURRENT MEDICAL COMPLAINTS:**

RESPIRATORY: \_\_\_\_\_

\_\_\_\_\_

CARDIOVASCULAR: \_\_\_\_\_

\_\_\_\_\_

GASTROINTESTINAL: \_\_\_\_\_

\_\_\_\_\_

MUSCULOSKELETAL: \_\_\_\_\_

\_\_\_\_\_

CENTRAL NERVOUS SYSTEM: \_\_\_\_\_

\_\_\_\_\_

ANY OTHER COMPLAINT: \_\_\_\_\_

\_\_\_\_\_

CURRENT TREATMEN / REHABILITATION PROGRAM: \_\_\_\_\_

\_\_\_\_\_

ANY PROGRESS: \_\_\_\_\_

\_\_\_\_\_

I, \_\_\_\_\_, declare that the above-mentioned information is true.

PLAYER SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

WITNESS: \_\_\_\_\_ Date: \_\_\_\_\_

**MEDICAL EXAMINATION:**

Bp: \_\_\_\_\_ Pulse (Rate/ Rhythm): \_\_\_\_\_

Respiratory Rate: \_\_\_\_\_ Temperature: \_\_\_\_\_

ENT: \_\_\_\_\_

\_\_\_\_\_

Respiratory System: \_\_\_\_\_

\_\_\_\_\_

Cardiovascular System: \_\_\_\_\_

Abdomen: \_\_\_\_\_

\_\_\_\_\_

**Musculoskeletal Examination: (Focus on problem area):** \_\_\_\_\_

\_\_\_\_\_

Opinion / Recommendation: \_\_\_\_\_

\_\_\_\_\_

Fitness to Participate: \_\_\_\_\_

\_\_\_\_\_

**DETAILS OF MEDICAL PRACTITIONER**

FULL NAMES: \_\_\_\_\_

SURNAME: \_\_\_\_\_

QUALIFICATIONS: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

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Kirsten NEMATANDANI (President), Mwelo NONKONYANA (VP), Irvin KHOZA (VP), Mandla MAZIBUKO (VP), Danny JORDAAN (VP), Robin PETERSEN (CEO/GS)

National List Members: Alpha MCHUNU, Sam MASITENYANE, Motebang MOSESE, Truman PRINCE, Nomsa MAHLANGU, Aubrey BAARTMAN, Eric MTSHATSHA, Poobalan GOVINDASAMY, Abel RAKOMA, Morris TSHABALALA

Provincial List Members: Velaphi KUBEKA, Jeremiah MDLALOSE, Fanyana SIBANYONI, David ZULU, Lucas NHLAPO, Nemavhola KHOROMBI, Xolani MTUMTUM, Anthony REEVES, Mzwandile MAFORVANE, Vincent TSEKA, Jan KOOPMAN, Theodore KHUPE, Elvis SHISHANA, Gerald DON, Andile NDENGEZI, Mzimkhulu NDLELO, Lefore LEREFOLO, Paseka NKONE

League Members: Mato MADLALA, Stanley MATTHEWS, Kaizer MOTAUNG

Honorary Members: Molefi OLIPHANT (Honorary Life President), Lesole GADINABOKAO (Honorary President), Leepile TAUNYANE (Honorary Life Member)