



## **SAFA PRE-CAMP/CAMP MEDICAL PLAN, MATCH REPORT & POST CAMP REPORT**

### **CAMP INFORMATION:**

1. Mode of transport used to travel to destination
2. Destination / s
3. Duration of camp
4. Total number of players and staff
5. Accommodation
  - Type of accommodation
  - Water status
  - Food status
6. Altitude
7. Weather forecast for the duration
8. Humidity
9. Travel related diseases at destination ( use [www.travax.nhs.uk](http://www.travax.nhs.uk))
10. Training facilities
11. Available medical services (on route to destination/ around destination).
12. Medical facilities at competition venue (stadium). This should include the type of ambulances used, equipment in the ambulance and level of training of the paramedics.

### **MEDICAL EMERGENCIES' Procedure**

In the event of any medical emergency occurring, the following should be followed:

1. Doctor in charge of Medical Team to be informed immediately.
2. Player's condition to be assessed.
3. Decision on immediate steps necessary based on the severity of the condition.
4. Best resources to be used under the circumstances, ambulance to be mobilised and Hospital to be contacted.
5. On arrival at Hospital, player to be assessed by Team Doctor and the attending Doctor on Duty (with his/her permission).
6. Joined decision to be taken on patient treatment (especially if banned substances are to be used, may need to fill in a Therapeutic Use Exemption(TUE)).
7. If in a foreign country, decision to be escalated to Team Management in player's best interest, whether to treat in foreign country or evacuate to South Africa.







