GRASSROOTS: BASIC ORGANISATION OF 7v7 AND 9v9
At this age level, the idea of playing systems is not important at all, and the players’ activity can be summed up as avoiding chasing the ball in swarms.

However, the coach-educator can develop the bases of an organised game through the different formats played:

- Selection of a formation (see in the next slide) and a coherent style of play
- Players’ positions
- Organisation of the formation
Basic Organisation

- Success in 7-aside is linked not only to the technique, but also to the organisation, which must be simple and understood by all players.
- With the training games, the coach can also develop the basics on the tactical side:
  - Selection of formation
  - Players’ positions
  - Organisation of the formation
**BEHAVIOUR IN MATCHES**

**Team in possession of the ball**
- Move forward
- Lose markers
- Support/backup
- Passes, dribbling, shots

**Team does not have possession of the ball**
- Fall back while facing the ball
- Covering (slow down the opponents’ progress)
- Marking
- Interceptions
- Duels
Basic organisation

- 3 lines: balance, better use of the space
- Play on the wings or through the middle
- Development of attacking play, more shots